



**SCOPE AND SEQUENCE**

# Second Step® Middle School

■ **Recognizing Bullying & Harassment Unit**

Depending on the choices made by the school or district, this unit may or may not be included in a Second Step® Middle School implementation. It is supplemental and is meant to be taught after the main four units.

## Grade 6

**Program Themes:** Bullying and Harassment, Conflicts, Helping Others

**CASEL Core Competencies:** Social Awareness, Relationship Skills, Responsible Decision-Making

Lesson Title	Objectives Students will be able to:
<b>Lesson 1</b> Common Types of Bullying	Describe the three most common types of in-person bullying (physical, relational, and verbal).
<b>Lesson 2</b> Recognizing Bullying	Describe the effects of being bullied and recognize the difference between bullying and joking around.
<b>Lesson 3</b> Responding to Online Bullying	Describe the effects of online bullying and identify strategies for responding to online bullying.
<b>Lesson 4</b> How to Be an Upstander	Explain how to use three upstander strategies.
<b>Lesson 5</b> Standing Up and Staying Safe	Describe the challenges of being an upstander and choose appropriate strategies for responding to bullying while staying safe.
<b>Lesson 6—Performance Task</b> Raising Awareness About Bullying	Apply their knowledge from the unit to promote awareness about bullying prevention at school.

# Grade 7

**Program Themes:** Bullying and Harassment, Conflicts, Helping Others, Relationships

**CASEL Core Competencies:** Social Awareness, Relationship Skills, Responsible Decision-Making

Lesson Title	Objectives Students will be able to:
<b>Lesson 1</b> What Is Harassment?	Define harassment in their own words and distinguish between bullying and harassment.
<b>Lesson 2</b> What Is Sexual Harassment?	Recognize and define sexual harassment and explain the difference between flirting and sexual harassment.
<b>Lesson 3</b> The Effects of Sexual Harassment	Describe the effects of sexual harassment and identify sexual harassment support resources available at school.
<b>Lesson 4</b> Gender-Based Harassment	Recognize gender-based harassment and the effects it can have on someone, as well as how stereotypes about gender contribute to gender-based harassment.
<b>Lesson 5</b> Our Rights and Responsibilities	Describe their right to be protected from harassment at school, as well as the responsibilities they and their school have to create a harassment-free environment.
<b>Lesson 6-Performance Task</b> Preventing Harassment	Describe their rights and responsibilities regarding harassment and the consequences of engaging in harassment to their peers.

# Grade 8

**Program Themes:** Bullying and Harassment, Conflicts, Helping Others

**CASEL Core Competencies:** Self-Awareness, Social Awareness, Relationship Skills, Responsible Decision-Making

Lesson Title	Objectives Students will be able to:
<b>Lesson 1</b> Understanding Bullying	Recognize that most people believe bullying is harmful behavior, despite its prevalence in school culture.
<b>Lesson 2</b> Social Factors that Contribute to Bullying	Recognize how social factors contribute to bullying and harassment.
<b>Lesson 3</b> Environmental Factors that Contribute to Bullying	Identify environmental factors that contribute to bullying and harassment.
<b>Lesson 4</b> Speak Up and Start a Movement	Explain how to use strategies to disrupt factors that contribute to bullying and harassment.
<b>Lesson 5</b> Be Inclusive and Ask for a Change	Explain how to use additional strategies to disrupt factors that contribute to bullying and harassment.
<b>Lesson 6-Performance Task</b> Stand Up for Change!	Apply their knowledge from the unit to create a plan for disrupting factors that contribute to bullying and harassment at school.